



**A Barefoot
Discussion
Guide**

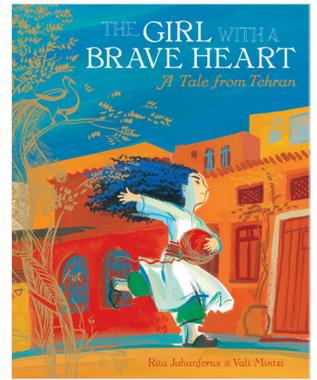
The Girl with a Brave Heart

A BAREFOOT DISCUSSION GUIDE FOR AGES 6 – 10

1. Where does Shiraz live? What things can you see in the pictures that are different from where you live?
2. Shiraz loses a ball of wool and has to be very brave to get it back. Do you have a special possession that you would be sorry to lose?
3. Tell me about the special thing that you have – what memories does it help you to enjoy?
4. How does the old lady feel when Shiraz knocks on her door?
5. How does Shiraz feel about visiting the old lady and going into her house?
6. Can you think of something that someone asks you to do that they don't mean? What would you do? Why?
7. Can you think of something someone asks you to do that you don't want to do? Why? What would you do?
8. **PLAY:** With a partner, take turns and invent a scene where someone asks you to do something and you don't think you should, perhaps because they don't mean it, or perhaps because it's not the right thing to do. (e.g. Younger baby brother wants to stay up to watch TV; bully asks you to hurt someone else.)
9. Discuss what can happen when people ask you to do things you don't want to and how it feels.
10. Talk about when you have to listen to people's hearts and not what they say.
11. Do you know any elderly people? Talk about them.
12. Have you ever visited a nursing home? How does it feel?



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